

Encouragement to a Friend to Stop Smoking

I owe it to you to speak straight truth. How would I feel in the judgment if both of us were lost and you said, "If you only would have told me, I could have been saved!"

I am going to tell you about some things that may sound strange to you, but it is only from the Bible and what the Bible truly teaches. You see, modern churches have many ideas from Paganism that are NOT taught in the Bible. It is important we listen to what God really says in His Word. I want you to be in heaven just as I choose to be there myself. How much fun we could have traveling to see the beauty and talking to the angels and people there! But we have to do more than want, we have to CHOOSE.

You were talking about wanting God to 'take you'. We should never be anxious to die, even when we are not well. Life and Time are the two most precious gifts of God. Only the living can praise the Lord or do anything to help others, or get the sin out of their lives so as to be ready to rise in the resurrection when Jesus comes and go home with Him. The dead sleep in their graves and can do nothing.

The Lord knows what needs to change in your life to be ready. Ask Him to show you. I know I have many habits to overcome before I would be fit to enter heaven! But I also know that as I see a wrong trait, I repent and ask for forgiveness, and then ask the Lord to give me victory over it, He will do it! No matter how deep the bad habit is, once I see it- I can choose to be rid of it, and the Power of Jesus sets me free. I can't do it myself.

The Bible tells us that our body is the temple of the Holy Ghost. It is God's property, both by creation and redemption. We are not to put anything into our body that would harm or dirty it. Here are the texts:

1 Corinthians 6:19,20 "What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's."

1 Corinthians 3:17 "If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are."

Could you imagine dirty cigarettes in heaven? We are not going to be ghosts without bodies in heaven—we will there have the same character we had on earth. We will be given new bodies, it is true, but if we don't take care of our body here, why would God give us another one? That is why Jesus gives us time to choose His ways and offers us all the power to overcome if we just choose to be rid of sin and ask for His forgiveness and power.

Satan has been playing games with you, because he lets you think you can stop smoking any time you want, on your own—but it is not true. You have stopped for a while a few times, but then you watch for the first excuse to go back to it. Satan makes sure that someone upsets you or some nasty thing happens—and you say, "Oh that person or thing made me start smoking again!"

No person or power in earth or hell can make us sin, or do wrong UNLESS we choose to allow it. God would send every angel out of heaven to help us rather than allow us to be overcome by sin. Satan is making a monkey out of you and laughing at your pain and unhappiness, don't let him do it. Jesus is there for you. Jesus went 40 days without food, to win the victory over appetite and THAT very victory He is eager to give to you.

It is not your puny power he offers you, He will give you His Mighty Power—just for the asking. The devil has to run when Jesus steps into our lives. Admit the devil has you hold—ask the Lord to show you just what He wants you to know—and when He shows you, believe Him – and take hold of His strength for forgiveness and victory. Jesus can make the weakest person, in His strength to be mighty, and defeat all Satan’s nasty tricks.

Satan wants you to keep burning that incense to him. Did you know that every time you light up a cigarette, you are honoring the great destroyer, the devil? Pagans have always offered tobacco to their devil-gods. You are certainly not honoring God with it. It wastes your bit of precious money the Lord wants you to use for good, healthy food, and harms your poor sick body by dumping more poison into it, which it is struggling to get rid of.

Some times what you think is depression, may not always be. If you ever feel guilty and afraid in your mind, this can be the Holy Spirit trying to tell you what needs to be changed in your life and wanting you to turn to your Savior, Jesus to get forgiveness and victory in Him. He loves you so much that if you were the only sinner that would be saved, He would have died and suffered all that shame and pain and mockery, just for you!!

You see, if we never felt guilty, we would never see how much we need a Savior! He wants to save us more than we even want to be saved. But WE must choose. He is a gentleman, He will not push His way into our lives. But Satan does. He pushes and manipulates and lies and tricks—and lots of times we think it is our own minds that want something when it is just his temptations.

You often told me that you did not think God wants us to give up anything. Well, because I care about you, I have to tell you the Bible is very clear that this idea is not true. God wants us to give up all sin and harmful habits and He stands right by our side to take away sin and give us the strength to overcome– if we just choose to let Him into our hearts. God loves us and He knows that sinful habits cause us pain and suffering- WHY would He not want us to give them up?

You see, FAITH is not just making ourselves believe in God. The Bible tells us the devils believe in God, but that will not save them, because they refuse to obey Him. In fact they don’t need faith for that- they KNOW God is real. How can we say we ‘believe’ in Jesus and at the same time refuse to allow Him to take the sin out of our lives? Real FAITH obeys, the Bible says: James 2:17, 18 "Even so faith, if it hath not works, is dead, being alone. Yea, a man may say, Thou hast faith, and I have works: shew me thy faith without thy works, and I will shew thee my faith by my works."

You can be free in Jesus, for real. The freedom He offers is not just mystical, it is for real and for now. He will guide you and help you with your physical problems too. Satan will tell you it is hopeless, you can’t change, but in Jesus nothing is hopeless. His Word created the world and He will work with you to make a new life for you too. CHOOSE to seek Him with your whole heart and He will guide and help you right away.

Here are some basic physical things you can do that will help you a lot in your battle against illness:

DRINK at least 3 PINTS of pure water daily. Every day whether you feel like it or not.

Get your bowels working well with prune juice, fruit and natural herb laxatives.

Cut out sugar and sugary so-called treats. Sugar is a brain poison! Eat more fruit instead, even canned fruit is better than sugary baked stuff.

Eat good nourishing meals instead of tea and coffee and sweet junk.

Dress in a way that covers your arms and legs as well as your middle body. That way you don't force extra blood to your head, causing headaches and brain pressure. Or to your center body causing pain from unbalanced circulation.

Get rid of them cancer devil sticks! Refuse to poison your body with tobacco any more, not ever!

God loves you, Jesus' mighty hands, pierced for you, are stretched out to receive you. CHOOSE His way today!

JESUS said: Luke 4:18 "The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised."

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