

Mom's & Babes

Research has shown that if a baby is breast-fed until 15 months of age--it develops it's frontal lobes of the brain better than ones who aren't--really that is amazing as it shows there are very few of us walking around these days with full developed brains--especially frontal--and as you know, it is the frontal lobes that house our spiritual self and conscience!!!

Now-realize that doesn't mean the babe doesn't have food too--after 4-6 months they are given soft foods as well but still they have mother's milk as main course for that period of time. The medical guys don't know this--it is amazing because medical research has actually shown most of what the Drs and nurses teach to be dead wrong--but they know nothing of it and keep teaching us lies. SO we have to learn ourselves and practice what we learn and ignore those who try and discourage us. The medical guys have messed with nature so much that they have no idea what a natural babe is supposed to be.

Q: There is a 'Myth' that some mothers have not enough milk so resort to Bottles Formulas as advised by doctors.

No No NO ! That is not true-- the problem is the mom's are not taught to do it right, because the medical guys don't know--you need to be taught by a knowledgeable midwife or an experienced Mom—See this PDF for accurate info. Years ago, I failed at feeding BECAUSE of how I was taught by the medical folk--the way they taught me--no one could succeed! And I had a doctor that claimed to be an expert in breastfeeding!! He was totally wrong! My daughter in law had a midwife and was trained in natural ways and I learned from it too as I went with her so NOW I know what I wish I had known in the past. BUT at least I can share it with the younger ladies.

1st time moms take a bit of learning to get going but remember it is the baby's suckling that brings the milk. BUT MOM must have adequate water intake about 3 quarts a day--before and between meals. The big thing is not to give up. The medical guys will say--Oh You are not able to nurse because of this that or the other and then they say it is no big deal --just give them formula!! In poor countries that is doubly criminal because the best and 'free' source is laid aside and an expensive and poor source substituted. God made women to nurse their babes--AND they all can, if they get enough food and water and are not deathly ill for some reason.

Also sore nipples are best healed by baby suckling--nature made it that way. Believe me! The majority of doctors and nurses are totally ignorant in what they do and teach about nursing and baby care. AND it is a uphill climb to try and do it right in spite of them. Even in my nurses training--what I was taught was total bunk!

OH the HISTORY I could tell you!!! People used to think that the common peasant people were somehow a coarser breed and more animal-like because they did not lose their moms and babes near as much as the rich 'high-bred' people. They thought that being highbred nobles made them more sensitive and delicate—RUBBISH! One of the main differences was that the rich had male doctors and the poor had midwives or medicine women who understood the natural ways.

Birthing:

If possible, it is good to have a birthing stool to deliver on--it was never nature's intent for a woman to deliver lying down with their feet up in the air!!!! That is only for the convenience of the doctors and is totally ridiculous. My daughter in law had the stool the first time and she had a different midwife the second time and I had to fight to get the stool brought in for her, but I did and she delivered fine. What they are is a medium low stool with like an open front toilet seat on them. The Bible talks about birthing stools in Exodus.

You would never guess where this legs up thing came from first--it was Louis IX--he was a filthy man and liked to watch his wives deliver--but he couldn't see good with the stools so he had the doctors adopt the table with legs up--and they liked it so much they stayed with it--many women have had terrible births because of that one thing. I know that people may be limited in how much natural they will be able to have--BUT if you know it--you can struggle towards it.

ALSO NO Vaccines!!! at least until baby is 2 years old--and you will have a fight for that one. Even after 2--if you can possibly get out of having them, do so--they harm the immune system and brain, and baby gets its antibodies etc from its mom's milk. My grandchildren have never had them and I wish I had never had them either. The whole medical system is satanic now--and even though we are at times forced to deal with them--the less we do, the better and it is essential to learn as much as we can about how to care for our own health and that of our family--and PRAY for God to help and protect you to do His will!!