

Johne's & Crohn's and YOU!

My Mistake, Sorry!

"A life spent making mistakes is not only more honorable, but more useful than a life spent doing nothing." - George Bernard Shaw

"Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep." - Scott Adams (Dilbert)

When I make an error, I fess up, no matter how uncomfortable that might be for me.

In June, I spoke before two vegetarian groups, the first in Northern Connecticut and the second in Rochester, New York. I told both audiences:

"Half the dairy herds in America are infected with mycobacterium paratuberculosis which causes Johne's Disease in cows and Irritable Bowel Syndrome, Ulcerative Colitis, and Crohn's Disease in humans."

I regret the error, and in the name of accuracy, now make this correction regarding my own prior incorrect notion of the percentage of herds in America affected with paratuberculosis.

The June, 2008 issue of Hoard's Dairyman (The National Dairy Farm Magazine), sets the record straight (as reported by Kenneth Olson, National Johne's Education Coordinator, and Robert Whitlock, Co-Chair National Johne's Working Group). In fact, the expert's page 411 commentary reveals:

"Current estimates are that as many as 65 percent of all dairy herds have the disease..."

Forgive me for having underestimated the problem by inaccurately stating that only 50 percent of America's dairy herds are infected with this dangerous bacterium.

On February 25, 2006 (p. 127 Column by veterinarian, Mark Hardesty), Hoard's Dairyman reported:

"Johne's is a disease that we, as an industry, are not getting under control. It is caused by mycobacterium paratuberculosis (MAP) which is a very tough but slow-growing bacteria...MAP has been found in pasteurized milk."

If you have irritable bowels or ulcerative colitis or Crohn's Disease, blame it on your previous dairy consumption. It is clear that the dairy industry had known the risks long before you became infected. Consider:

"Johne's disease and Crohn's disease are remarkably similar in clinical signs and intestinal pathology." Hoard's Dairyman, January 24, 1995

Enervation: The Great Divide

"Of 77 milk samples (taken from cows with Johne's disease), 11.6% were culture-positive (contained *M. paratuberculosis*)." *Journal of Clinical Microbiology* 1992;30(1):166-171

"*Mycobacterium paratuberculosis* was isolated from tissue taken from patients with Crohn's disease and is implicated in the etiology of this disease." *Journal of Clinical Microbiology*, 1993, May 31(5)

"*Mycobacterium Paratuberculosis* crosses the species barrier to infect and cause disease in humans." *British Medical Journal*, Feb 1998.315

"*Mycobacterium paratuberculosis* is capable of surviving commercial pasteurization..." *Applied and Environmental Microbiology*: 64(3), Mar 1998.

"*Mycobacterium paratuberculosis* RNA was found in 100% of Crohn's disease patients, compared with 0% of controls." *National Academy of Sciences USA* :93: September, 1996

The dairy industry knows the truth. The public does not. Perhaps you can help spread the word that crapshoots do not do the body good. One glass of milk can mean the difference between good health and a lifetime of discomfort.

Robert Cohen

<http://www.notmilk.com>

Note from 'TEMCAT': I wonder where this so-called 'species-barrier' is to be found? Likely only in the minds of sold-out scientists and money-mad marketers.